





The Sullivan County Drug Abuse Task Force was established to help reduce the number of prescription drug overdoses in Sullivan County. We thank the dedicated members for their untiring efforts in addressing the opioid crisis in Sullivan County.

Funding for this conference was made possible (in part) by the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

**CEUs pending** 





Ashley Freda, a young artist just 21 years of age, from Damascus, Pa., is presently a student at The Chicago Art Institute. At a very young age, Ashley Freda became aware of a strong inclination and love for art.

As a student for the past three years at of one of

the most prestigious art universities in America, Ashley has been discovering many of the varied aspects of art and has applied them in many forms.

The ideas for the pictures incorporated in this brochure were actually developed several years ago when she was still in high school.

\*\*This drawing may not be reproduced without the express consent of the artist

Sullivan County Public Health Services would like to recognize our sponsors for supporting this event. We greatly appreciate their generosity to assist us in making this conference possible for our community.

Contributions from the sponsors listed below allowed us to offer this event at a low cost for all participants. Please take a moment to visit their tables during the public forum to learn about the valuable services and programs they offer.

















# **Local Solutions to a National Opioid Crisis**

Prescription Drugs and Heroin

Welcome to today's conference. I hope that each person who attends today will be better informed and educated about the complex issues driving the opioid epidemic that is impacting our communities, and also leave with a sense of hope about the future.

Often, the most effective solutions to a crisis are those that arise from local planning by caring and concerned citizens. There are probably very few attending today who have not been personally impacted in some way by the increasing rates of drug abuse and addiction in our society. Many in our communities have lost family, friends, colleagues or neighbors.

More than 30% of Americans have some form of acute or chronic pain (NIH, 2016). Much of what has been left out of conversations about the opioid crisis is that the majority of those suffering from chronic pain are using pain medication responsibly. Their needs should not be overshadowed by the opioid crisis as policy solutions are implemented in an attempt to address this huge public health problem.

Let us keep in the forefront of our conversations the following questions: "How can we prevent addiction?" and "How can we treat chronic pain more effectively?" "How can we create communities that are more supportive, engaging and compassionate?" and "How can we do a better job to help people choose recovery?" Today, we seek to educate, reduce stigma, discuss effective strategies and creative ideas, and to send the message that together we are stronger.

Gratefully,

Public Health Director

#### **AGENDA**

8:15 AM REGISTRATION, BREAKFAST (VENDOR AREA OPEN)

9:00 AM WELCOME

Nancy McGraw, Public Health Director

Sullivan County

Nadia Rajsz, Chairwoman, Sullivan County Health and Family Services Committee

9:15 AM OPENING REMARKS

Hon. John J. Bonacic, New York State Senate

9:30 AM THE OPIOID CRISIS IN SULLIVAN COUNTY

Nancy McGraw, Public Health Director

**Sullivan County** 

10:00 AM EVIDENCE-BASED PRACTICE

Fred Wells Brason II, CEO, Project Lazarus

Moravian Falls, NC

11:30 AM OPIOIDS: THE BRAIN & THE BODY

Nicholas Batson, MD, Crystal Run Healthcare

Middletown, NY

12:30 PM LUNCH

(VENDOR AREA OPEN)

1:15 PM MUSIC IS MEDICINE

Paul Pellinger, Chief Strategy Officer Recovery Unplugged, Ft. Lauderdale, FL

2:15 PM PANEL DISCUSSION

Mediator: Fred Wells Brason II

Andrew Faskowitz, DO; Robert A. Kent, Esq. Sheriff Michael Schiff; Sharon Stancliff, MD

4:00PM CLOSING REMARKS

James Farrell, Sullivan County District Attorney

## Sullivan County Information Line for Substance Abuse and Mental Health Services

We are here to help with information and referrals to resources in the community. If you or someone you know think that drug or alcohol use is a problem, or have mental health concerns, please call the information line. The information line is always answered by local people in Sullivan County who can direct you to local resources and services.

# ADDICTION?

There is Always Hope...
LOCAL 24/7 INFO & REFERRAL:

866-832-5575



TEXT #HOPENY



### Free Buprenorphine Waiver Eligibility Training for Clinical Providers

December 2, 2017

**Sullivan County Public Health Services** in collaboration with the NYSDOH AIDS Institute's Office of Drug User Health is sponsoring a

Free Buprenorphine Waiver Eligibility Training for Clinical Providers

Location: Catskill Regional Medical Center, 68 Harris-Bushville Rd,

Harris, NY 12742

Time: 8:00AM-1:00PM - Light breakfast will be provided

Trainers: Dr. Sharon Stancliff and Dr. Bruce Trigg

CME Credits: 5.0 AMA PRA Category 1 Credits TM will be available.

To register for the training, visit: <a href="https://goo.gl/VJzBp6">https://goo.gl/VJzBp6</a>

In response to the opioid overdose deaths in New York State, increased access to buprenorphine treatment for opioid overdose disorder is urgently needed. Physicians, Nurse Practitioners and Physician Assistants are welcome and highly encouraged to attend this training. Under current regulations, clinical providers are required to obtain a 'waiver' to prescribe buprenorphine. Physicians can acquire this waiver by attending and completing a standardized and required 8-hour training. Upon completion, providers will meet the requirement of the DATA 2000 to be qualified to prescribe buprenorphine for opioid-dependent patients. NPs and PAs are required to complete an additional 16 hours of online training.

#### **Sullivan County Opioid Overdose Prevention Training**

Sullivan County Public Health Services became a Registered Opioid Overdose Prevention Program in 2014. The program allows for accurate data gathering related to the overdose epidemic in Sullivan County, NY, training programs specific to the area of expertise of the responder, and distribution and monitoring of naloxone (Narcan), a medication that serves as an antidote to opioids.

For more information on these trainings, please contact:
Sullivan County Public Health Services
845.292.5910, ext. 0

#### FEATURED SPEAKERS



Nancy McGraw, LCSW, MBA – Nancy is the Public Health Director in Sullivan County, NY and has over 17 years' experience in public health, community planning, health education, community health assessment and coalition building. She is a Licensed Clinical Social Worker and has worked in both the health care and mental health fields. Nancy holds an Executive MBA in Healthcare Administration from Binghamton

University and earned a Certificate of Public Health in 2015 from the University at Albany NY where she is an MPH candidate. She is a Board Member of the New York State Association of County Health Officials (NYSACHO). Under her leadership, Sullivan County Public Health Services initiated a registered naloxone training program and more than 700 first responders and community members have been trained. She is a member of the National Association of County and City Health Officials (NACCHO) and is an Adjunct Assistant Professor of Epidemiology and Community Health for New York Medical College in Valhalla, NY.



**Fred Wells Brason II** - Fred is the President/CEO of Project Lazarus, a community-based opioid poisoning prevention model that promotes responsible pain management and supports increased substance use treatment and support services. He has been instrumental in reducing prescription drug overdoses in Wilkes County, NC by 69%, decreasing Emergency Room visits by 15%, and increasing substance abuse treatment throughout that county

A graduate of Dean College, Fred has served as an innovator, founder, and leader in a number of organizations including: Hospice Chaplain and Hospice Program Coordinator, President and Founder of Coastland Ministries, Affiliate Services Coordinator of National House of Hope and Vice- President, Founder and Director of Operations for Will Care, Inc. He has served on the FDA scientific workshop committees for the role of Naloxone in Opioid Overdose Fatality Prevention and Assessment of Analgesic Treatment of Chronic Pain. He also Co-Chaired the Expert Committee for the formulation of the SAMHSA Overdose Toolkit and Project Lazarus has been highlighted in the White House Office of National Drug Control Policy Strategies. He received the Robert Wood Johnson Foundation Community Health Leader Award in 2012 and has published articles in numerous medical journals.

#### **FEATURED SPEAKERS**



**Nicholas Batson, MD** - Nicholas Batson, MD is a Board Certified Adult, Child & Adolescent Psychiatrist with Crystal Run Healthcare. Dr. Batson was born and raised in Kentucky. He grew up in a home where the virtues of helping others and being involved in the community were important. This upbringing, in combination with his curiosity for science and how the mind works, led him to Psychiatry. Dr. Batson earned his Medical Degree from the

American University of the Caribbean School of Medicine, Coral Gables, FL. He completed his Residency in psychiatry at Wake Forest University Baptist Medical Center, Winston-Salem, NC and his Fellowship in Child and Adolescent Psychiatry, at University of Louisville, KY.

Dr. Batson oversees the Medication Assisted Treatment Programs and serves as the Division Lead for Psychiatry at Crystal Run Healthcare. He is actively involved in the integration of healthcare delivery to improve the health outcomes for patients with mental health and substance use disorders.



**Paul Pellinger** – Paul is a veteran of the addiction care industry and has dedicated most of his professional life to helping patients in their fight against drug and alcohol abuse. He grew up in Sullivan County, NY and entered into the addiction field in 1989 while still a student at Sullivan College. A legend in the treatment field with over 20 years of experience, Paul has served in a variety of roles including Counselor, Manager, Court-Appointed Liaison and Chief

Strategy Officer, excelling in every role. He worked to help create the Broward County Mental Health Drug Court which has been held up as a model for the rest of the country. He is a firm believer in the power of music to aid in the addiction care process. In his current role as Chief Strategy Officer at Recovery Unplugged, Paul brings an unwavering belief in the power of music-based healing along with world-class expertise to help patients successfully walk the road to recovery.

Paul's genuine love of music and his decades of hands-on experience in substance abuse care made him instrumental in the development of the innovative music medicine treatment model at Recovery Unplugged. Paul is sought after throughout the country as a speaker and panelist on treatment policy and his presentations on music-based therapy have become an important and necessary part of the national recovery conversation. His commitment, experience, and wealth of knowledge continue to have a profound impact on his colleagues and the patients he serves at Recovery Unplugged.

#### **DISTINGUISHED GUESTS**



Hon. John J. Bonacic New York State Senate



James Farrell
Sullivan County
District Attorney

#### **DISTINGUISHED PANELISTS**



Robert Kent, Esq.
General Counsel, OASAS



Dr. Andrew Faskowitz, DO Crystal Run Healthcare



Sheriff Michael Schiff
Sullivan County Sheriff's Office



Dr. Sharon Stancliff
Harm Reduction Coalition