

2018 SULLIVAN COUNTY
OPIOID USE PREVENTION
CONFERENCE



Public Health
Prevent. Promote. Protect.
Sullivan County
Public Health Services

OCTOBER 3, 2018

BETHEL WOODS CENTER FOR THE ARTS

WELCOME

NOTES

AILEEN GUNTHER, NEW YORK STATE ASSEMBLYWOMAN

Aileen Gunther represents the 100th Assembly District in New York State and is the Chair of the Assembly Mental Health and Developmental Disabilities Committee.

Aileen holds a nursing degree, and spent many years working at Catskill Regional Medical Center. After working in various nursing units, she accepted the Infection Control position before moving on to become the Director of Performance Improvement and Risk Management. She is the only registered nurse in the state legislature.

Sullivan County Department of Public Health and ENGN (engine) Civic Creative Center have partnered to create a film series to humanize the opioid crisis.

The film series will feature personal testimonies from locals who have different experiences and views on the situation.

The goal is to use these films in an educational context, to connect neighbors through conversation about the issues that proceed and surround drug addiction and substance use so that we can prevent harm and provide care.

We plan to show screenings at future community venues.



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SPONSORS

Sullivan County Public Health Services would like to recognize our sponsors for supporting this event. We greatly appreciate their generosity to assist us in making this conference possible for our community.

Contributions from the sponsors listed below allowed us to offer this event at a low cost for all participants. Please take a moment to visit their tables during the public forum to learn about the valuable services and programs they offer.



Funding for this conference was made possible (in part) by the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

2018 SULLIVAN COUNTY OPIOID USE PREVENTION CONFERENCE

Welcome to today's conference. Sullivan County Public Health Services has taken the lead role in Sullivan County to convene many health care, law enforcement, and human services partners in addressing the opioid crisis since 2012. This year's conference is an effort to bring a renewed focus back to prevention as an equally powerful intervention.

I hope that each person who attends today will be better informed and educated about the complex issues relative to the opioid epidemic that is impacting our communities. The focus of the conference this year is on youth and adolescent development, the impact of technology, and risk behaviors. We are certain that the information shared will be useful to those working with youth, as well as parents and educators, and that you will leave better informed about behavioral health, prevention, how to intervene when there are multiple risk factors facing youth, and how we can work together to impact their future in positive ways.

Drug and alcohol use can lead to other chronic diseases such as diabetes and heart disease. Preventing mental and/or substance use disorders and related problems in children, adolescents, and young adults is critical to healthy lifestyle choices and good physical health.

Let us keep in the forefront of our conversations the following questions: "How can we prevent addiction?" "How can we create communities that are more informed, supportive, engaging and compassionate?" Again, with this year's conference, we seek to educate, reduce stigma, discuss effective prevention strategies for educators, parents and anyone who works with youth in our communities. We are grateful to our many sponsors identified in this brochure for their support and ongoing collaboration.

Sincerely,

A handwritten signature in black ink that reads "Nancy McGraw".

Nancy McGraw, LCSW, MBA
Public Health Director
Sullivan County, NY

AGENDA

- 8:00 AM Doors Open / Vendor Area Open
Registration and Light Breakfast
- 9:00 AM Conference begins
- 9:00 AM **WELCOME AND INTRODUCTIONS**
Aileen Gunther, New York State Assemblywoman
- 9:15 AM **BACKGROUND AND UPDATE**
Nancy McGraw, LCSW, MBA, Public Health Director, Sullivan County
- 10:00 AM **"I WAS TWELVE: MY STORY OF THE ROAD TO RECOVERY"**
Frank Barone, Hudson Valley Community Services
- 10:30 AM **KEY NOTE ADDRESS: "THE ADOLESCENT BRAIN: SUBSTANCE ABUSE AND OTHER RISKY BEHAVIOR"**
Michael Nerny, BS
- 12:30 PM **Lunch / Networking / Vendor Area Open**
- 1:30 PM **"DIGITALLY DISTRACTED: PARENTING IN THE AGE OF TECHNOLOGY"**
Thomas J. Kersting, MA, LPC
- 3:00 PM **"MINDFUL PREVENTION - WHAT REALLY WORKS"**
Martin Colavito, MHS, CASAC, Catholic Charities
- 3:30 PM **CLOSING REMARKS**
Robert Dufour, District Superintendent, Sullivan County BOCES



We would like to thank Sullivan County Government, the Sullivan County Legislature and our many partners in various county departments for their continued dedication and hard work in addressing the serious public health crisis of opioid addiction.

Any effective multifaceted approach must include an ongoing investment of resources in education and prevention services.



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The Sullivan County Drug Abuse Task Force was established to help reduce the number of prescription drug overdoses in Sullivan County. We thank the dedicated members for their untiring efforts in addressing the opioid crisis in Sullivan County.

CASAC CEUs Available

FREE BUPRENORPHINE WAIVER ELIGIBILITY TRAINING FOR CLINICAL PROVIDERS

In response to the opioid overdose deaths in New York State, increased access to buprenorphine treatment for opioid overdose disorder is urgently needed. Physicians, Nurse Practitioners and Physician Assistants are welcome and highly encouraged to attend this training. Under current regulations, clinical providers are required to obtain a 'waiver' to prescribe buprenorphine.

Physicians can acquire this waiver by attending and completing a standardized and required 8-hour training. Upon completion, providers will meet the requirement of the DATA 2000 to be qualified to prescribe buprenorphine for opioid-dependent patients. NPs and PAs are required to complete an additional 16 hours of online training.

FOR MORE INFORMATION PLEASE CONTACT:
SULLIVAN COUNTY PUBLIC HEALTH SERVICES
845.292.5910, EXT. 0

SULLIVAN COUNTY OPIOID OVERDOSE PREVENTION TRAINING

Sullivan County Public Health Services became a Registered Opioid Overdose Prevention Program in 2014. The program allows for accurate data gathering related to the overdose epidemic in Sullivan County, NY, training programs specific to the area of expertise of the responder, and distribution and monitoring of naloxone (Narcan), a medication that serves as an antidote to opioids.

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LOCAL SPEAKERS

NANCY MCGRAW, LCSW, MBA, SULLIVAN COUNTY PUBLIC HEALTH

Nancy has served as the Public Health Director in Sullivan County, NY since 2013 and has 18 years' experience in public health. A licensed clinical social worker, she earned her Executive MBA in healthcare administration from Binghamton University in 1999, and is currently an MPH candidate at the University at Albany School of Public Health. Nancy is a Board Member of the New York State Association of County Health Officials (NYSACHO), and is an Adjunct Assistant Professor of Epidemiology and Community Health for New York Medical College in Valhalla, NY.

Her local planning efforts to address the opioid epidemic affecting Sullivan County includes chairing the Sullivan County Rural Health Network's Drug Prevention Task Force. She also initiated a registered Opioid Prevention Training Program at Sullivan County Public Health Services, through which staff have trained hundreds of first responders, law enforcement, county personnel working in probation and health and human services, school nurses and community members over the past four years.

FRANK BARONE, HUDSON VALLEY COMMUNITY SERVICE

Frank was born on East Meadow Long Island, NY on April 9th, 1992. Since a very early age he has been struggling with his battle with Drug/Alcohol dependence, and has spent many years of his life cycling through rehabilitation centers, detoxes, and incarceration. In the past 3 years of his life, however, Frank has been working on a far more positive project – His Sobriety.

Frank's journey brought him to Hudson Valley Community Services, where he is currently employed as a syringe exchange Prevention Specialist. He spends most of his days helping people with substance use issues by enabling them to use responsibly. Importantly for Frank, he can see aspects of himself in every client that he works with. Because of this, Frank believes that each one of those people, like him, has the potential to one day live a life free of restraints.

MARTIN COLAVITO, MHS, CASAC, CATHOLIC CHARITIES

Martin Colavito, Director of Prevention Services for Catholic Charities Community Services of Orange and Sullivan Counties, has worked in the fields of substance abuse and community organizing for the past 40 years. During that time, he has focused predominantly on community organization, with an emphasis on substance abuse and prevention. Through community organizing efforts, Martin has been involved with the development of numerous community coalitions charged with addressing the collateral issues that result in substance abuse. Currently Martin oversees Catholic Charities prevention efforts in Orange and Sullivan Counties. Martin has recently brought evidenced-based curriculums to the county with a goal to integrate substance abuse prevention into the education of our children, such that it would span their elementary and secondary educational careers. In 2018 Martin was honored by the Sullivan County Human Rights Commission for his work in the community.

FEATURED SPEAKERS

MICHAEL NERNY, BS

Michael Nerny is a consultant in Substance Abuse Prevention and Education, with over twenty-six years' experience in the field. He is the former director of the Training Institute of Narcotics and Drug Research, Inc. His particular areas of expertise include Psychopharmacology, Adolescent Chemical Dependency, and Managing Violent Incidents.

Michael Nerny is an internationally known lecturer, and has served as a consultant to a number of federal and state agencies, including the National Office of Drug Court Policy, The National Office of Juvenile Drug Court Policy, the Office of Substance Abuse Prevention and the Bureau of Justice Assistance; the New York State Education Department, Department of Social Services, Division for Youth, Department of Correctional Services, Division of Parole, Division of Criminal Justice Services and Governor's Office of Employee Relations. Mr. Nerny also provided consultation on drug courts and other areas of training and technical assistance in forty nine states across the country.

During 2016, Mr. Nerny worked extensively with the Department of Justice to research and create presentations related to understanding and responding to the current opioid addiction crisis.

Mr. Nerny served as the consultant in the development of the learning centers for the Eckert Drug Quiz Show in New York State. He has been a consultant for two of the major television networks and appeared on the ABC program 20/20.

He is the father of four children.

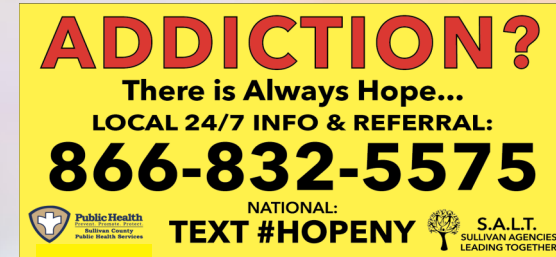
THOMAS KERSTING, MA, LPC

Tom Kersting is one of the most sought-after experts in the field of mental health, families, parenting in the digital age, and over-device use, as he provides advice to millions of people through regular television appearances, radio and print media, books and private sessions. He is a straight shooter, and passionate about helping families whether in crisis or just in discord.

Tom holds advanced degrees including a bachelor's degree in Psychology from St. Thomas Aquinas College, a Master's degree in Counseling & Human Development and a second Master's in Administration & Supervision, both from Montclair State University. Tom also holds a Ph.D. in Clinical Hypnotherapy (alternative/ non-traditional) from Kona University. Tom is also a former semi-professional baseball player, avid golfer and dedicated to fitness.

Sullivan County Information Line for Substance Abuse and Mental Health Services

We are here to help with information and referrals to resources in the community. If you or someone you know think that drug or alcohol use is a problem, or have mental health concerns, please call the information line. The information line is always answered by local people in Sullivan County who can direct you to local resources and services.



ODMAP

A NATIONWIDE REAL-TIME OVERDOSE SURVEILLANCE SYSTEM

In a proactive response to the national opioid epidemic, Sullivan County's 911 Center and Public Health Services have joined forces to precisely track local overdoses. Provided by the U.S. Office of National Drug Control Policy, the mapping system launched September 1, 2018 in the county.

Sullivan County is using an application called ODMAP to assist public health, emergency medical service, and law enforcement agencies track known and suspected overdose incidents. ODMAP helps decision makers develop strategies and tactics to curb the spread of substance abuse disorders and reduce overdose occurrences.

