



## ADULTS WHO WORK WITH LEAD NEED TO TAKE PRECAUTIONS

**Protect yourself and your family from lead poisoning.**

Wash hands before eating, drinking, smoking, or touching

Store street clothes in a separate locker from your work

Shower, wash your hair, and change into clean clothes before leaving work.

Wear the proper protective equipment on the job, including a respirator

Wash work clothes separately from other laundry. After washing lead-contaminated clothing and removing them from the machine, run the rinse cycle once before using the washing machine again.

**Talk with your doctor about getting a lead test for you or your child if:**

You believe you have been exposed to lead.

You are at risk of lead exposure.



**Public Health**  
Prevent. Promote. Protect.  
Sullivan County  
Public Health Services

For more information, visit: <https://www.health.ny.gov/environmental/lead/>,  
or call The Sullivan County Public Health Services Lead Poisoning Prevention Program  
at: 845-292-5910, Ext. 0.