# Sullivan County Department of Public Health

<u>Title</u> : Aseptic Technique	Original Approval:
Number: 0CP-05	9/99
Page Number: 1 of 1	Reviewed/ revised: 9/99, 9/08, 5/16, 2/24

# **Statement/ Purpose:**

To provide guidelines for the prevention and control of healthcare-associated infections in community care.

# **Authority:**

IPC.6.I

# Application:

All staff with direct patient care

# **Terminology:**

# Responsible Party:

Training and Quality Improvement Coordinator

#### **Cross-Reference:**

Infection Control Plan, Hand Hygiene, Medical Waste and Sharps Transport and Disposal.

#### Procedure:

An aseptic technique ensures that only uncontaminated equipment and fluids come into contact with susceptible body sites. Aseptic technique, also known as 'clean' technique differs from sterile technique because it does not aim to eliminate all microbes; however, aseptic and sterile techniques may be used in conjunction for the same procedure (i.e., handwashing (aseptic) prior to donning sterile gloves (sterile) for insertion of Foley catheter).

- 1. In the home setting, aseptic technique is used for all procedures unless otherwise specified in the physician's orders or unless the procedure is known to always be performed using sterile technique.
- 2. Application of the principles of aseptic technique include, but are not limited to:
  - a. Adhering to hand-hygiene guidelines (handwashing technique and universal precautions).
  - b. Using nonsterile, disposable gloves rather than sterile gloves.
  - c. Use of personal protective equipment.
  - d. Safe use and disposal of sharps and disposal of waste.