

QPR GATEKEEPER TRAINING FOR FIRST RESPONDERS
"Question, Persuade, Refer (QPR)"
SULLIVAN COUNTY EMERGENCY
SERVICES TRAINING CENTER
July 26, 2025 7 to 9 PM
This is a County Offering

Course Description

QPR Gatekeeper Training for First Responders equips participants with science-backed suicide prevention skills to recognize and address warning signs of suicidal thoughts and behaviors. Tailored specifically for first responders, this training covers:

- Question: Ask direct, compassionate questions to assess suicide risk.
- Persuade: Encourage individuals to seek help and offer immediate support.
- Refer: Connect individuals to appropriate professional resources.

First responders face alarmingly high suicide rates and frequently encounter individuals in crisis. This training provides essential tools to de-escalate situations, reduce suicide risks, and deliver immediate, life-saving intervention—not as therapy or counseling, but as vital support in emergencies.

QPR is intended to provide HOPE for individuals. It is <u>NOT</u> intended to be a form of counseling or treatment.

FOR: Emergency First Responders
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Prerequisite
None
PRE -REGISTRATION REQUIRED ONLINE:
LINK: Fire Training Schedule Sullivan County NY