

# Part-Time Wellness and Outreach Specialist \* SUNY Sullivan, Loch Sheldrake, NY

**Overview of Services**: SUNY Sullivan is seeking a Part-Time Wellness and Outreach Specialist in Loch Sheldrake, NY.

The Wellness and Outreach Specialist will be responsible for facilitating support groups, hosting psychoeducational workshops, providing referrals to college and community resources, hosting community partners, and outreach activities. This part-time hourly position reports to the Dean of Student Development Services.

## **DUTIES AND RESPONSIBILITIES:**

Facilitate and expand current prevention programming regarding mental health issues, domestic/ intimate partner violence, Title IX, substance use, suicide awareness, etc.

Facilitate support/social groups for students based on needs of student body

Collaborate with the College's mental health Counselors, Health Services, Title IX staff, and Student Activities to identify risk factors among student body and plan for addressing those issues

Create a sense of belonging for students by being approachable, kind, and understanding of their diverse backgrounds and emotional needs

Provide social-emotional support to residence hall students through groups, workshops, and activities. Some evenings required

Host informational tables and activities based on trending mental health and wellness topics Act as the college's liaison for community agencies in the mental health field to enhance and strengthen current partnerships and bring their services to the campus

Attend Learning Center meetings and Behavior Intervention Team meetings when necessary Track attendance and engagement, and document group sessions and direct student interactions Provide referrals to resources such as food pantries, housing assistance, County social services, etc. Some evening work required; occasional weekends. Schedule can be determined with the supervisor based on availability and needs of the campus.

Assist with maintaining the College's sensory rooms and tracking usage by students

### **Requirements:**

Bachelor's degree in human services, psychology, social work, or related field, OR associate's degree and relevant experience

Experience working with adults of various ages and identities (parents, veterans, recent high school graduates, etc.)

Knowledge of trauma-informed practices and passionate about discussing mental health topics with students (suicide, sexual health, substance use, etc.)

Experience in group facilitation and program outreach and coordination

Excellent communication and interpersonal skills to work closely with students, faculty and staff from a variety of disciplines and backgrounds

Class D Driver's License

## Preferred:

Bilingual Spanish language skills

Experience in a higher education environment

Experience with direct counseling services and crisis response

Knowledge of developmental disabilities and other challenges related to individuals' ability to socialize and be academically successful

#### Skills Required to perform the job:

Experience working with adults of various ages and identities (parents, veterans, recent high school graduates, etc.)

Experience in group facilitation and program outreach and coordination

Knowledge of trauma-informed practices and passionate about discussing mental health topics with students

Excellent communication and interpersonal skills

**Shift and Salary**: This is a Part-Time Position, Monday-Friday, hours vary, evening hours required, occasional weekends, 21-25 hours per week, \$26-\$29 per hour.

To apply: online at <a href="https://my.sunysullivan.edu/ICS/Position\_Openings/">https://my.sunysullivan.edu/ICS/Position\_Openings/</a>

submit your cover letter, resume, and 3 professional references (include reference emails)