

**Agriculture and Natural Resources
OBJECTIVES**

The primary objective of the Agriculture and Natural Resources Program is to provide educational programs that help farm operators and the agricultural industry enhance the profitability of their businesses, and to assist communities with the management of their environment for improved quality of life. Additional objectives include encouraging new agricultural business development and enhancing and improving the environment through efforts such as Integrated Pest Management (IPM), Best Management Practices, and Forest Management.

- Programs designed to increase agricultural profitability focus on enhancing decision making and management skills for all farming types in the county including dairy, livestock, crop, vegetable and nursery operations. Programs are conducted on basic and advanced production, the adoption of new technologies and educating producers about marketing opportunities.
- Programming efforts encourage new agricultural renovations and development including working with clients interested in starting new agricultural facilities, planning expansions of existing agricultural businesses, assisting intergenerational transfers of farms and the development of new marketing opportunities.
- Public education programs which promotes sustainable practices to address concerns with human health and the environment. This program applies to all aspects of horticulture and agriculture from the individual gardener/homeowner to the larger nursery plant wholesaler; from the commercial landscaper to the dairy, livestock or crop producer. Program efforts in this area teach environmentally sound practices and seek to change the behavior and attitudes of people to use chemicals in a responsible manner in accordance with label directions.
- As market place requests for IPM grown food increase, Cornell Cooperative Extension continues to provide updates on pesticide application technology, pest monitoring, new biological control agents, weather and disease forecasting models, multiple disease resistant varieties, and mating disruption using pheromone release systems
- Land use and community issues are addressed, including the technical support for Agricultural Districts, agricultural value assessment, farmland protection measures, right-to-farm issues, public education about open space, water quality protection, and gas leasing.
- Agricultural Economic Development focuses on promoting and enhancing the economic position that agriculture and wood products occupy in the County. Issues include value-added products, direct marketing efforts, agricultural infrastructure and business expansion-retention/development.
- Full time and seasonal residents receive information on Landscaping, Sustainable Forestry, Wildlife Control, and Lawn Care to improve and enhance their property.

FUNCTIONS PERFORMED

During the past year over 50,000 contacts were made by the professional and volunteer staff. Twenty five thousand individual pieces were sent out as circular letters, electronic responses, meeting notices, fact sheets and answers to problem situations. 3,500 telephone consultations were held. Over 1,000 technical bulletins were distributed. Twelve issues of the Farm & Garden News/Extension Connection were printed reaching over 900 families monthly.

FUNCTIONS PERFORMED cont'd

Activities include:

Dairy/Small Ruminant & Swine

Soil testing service, 200+ soil tests
 Damage to Crops monitored controls recommended and reported to USDA
 Engineering-farm visits, maintain plan file, new building consultation
 Ag Day in cooperation with Wayne Co., PA attended by 200
 Farm visits-consultations & recommendations on balancing feed rations, records, herd health, field crops, pasture management, marketing, etc.
 Regional cooperation to improve program efficiency with Orange Co., NY & Wayne Co., PA
 Workshops for livestock producers
 On-line Education for Livestock Producers
 Composting

Poultry

Poultry meat production expansion & developing new markets
 Manure Management/Composting
 Farm visits & consultations

Business Management

Cornell Dairy Farm Business Summary
 Farmers Income Tax Meetings

Sales Tax information
 Counsel on budgeting, partnerships, contract sales, farm purchases & estate planning, insurance
 Consult with farm lenders including banks, Farm Credit, RC&D, FSA
 Meet on state & national farm policies
 Marketing Workshops for Specialty Crop Producers, Livestock Statewide New Farmer Training
 Farmer Health Issues

Pesticides & Crop Education

Conduct Education portion of Pesticide Certification & Recertification for Farmers, Government Officials, Commercial Applicators, & Building Superintendents
 Recommend pesticide use on farms, gardens, lawns, ponds, homes, ornamentals, & fly control.
 Corn Demonstration Plots
 Statewide Monitoring Assistance for Emerald Ash Borer, Asian Longhorn Beetle, Brown Marmorated Stink Bug, Western Bean Cutworm

Horticulture

Vegetable Gardening & Horticultural Meetings
 Fruit production articles & meetings
 Newspaper & radio presentations
 Landscaping & lawn care information

Regional commercial horticultural programs
 Educational exhibits
 Recommendations for Pest Resistant Cultivars
 Soil Testing

Pest Identification & Control Recommendations including weeds, insects, and diseases
 Wildlife control recommendations
 Provide Growing Degree Date to "Branching Out" (Cornell IPM Newsletter) for Liberty NY

Natural Resources

Workshops for Homeowners & Landowners
 Visits to Town Boards regarding environmental planning issues
 Master Forest Owner Program Support
 Forest Stewardship
 Wildlife Management Consultation
 Forestry Economic Development
 Agroforestry Learning Communities Program Support
 Maple Syrup Production & Value-Added Foods

Other Agricultural Related Programs

Energy Conservation
 Local & Regional Meetings on Sheep, Dairy, Beef,

2012
 SULLIVAN COUNTY
 BUDGET NARRATIVE
 DEPARTMENT Cornell Cooperative Extension of Sullivan County
 CODE A8750.4000

BUDGET FORM NO. 2

Goats & Horticulture
 Farmer/Neighbor relations
 Agricultural Value Assessments Information
 Agricultural Input to County Economic Development

Initiatives
 Purchase of Development Rights Program
 Agricultural speakers for issues concerning GMO Foods,
 Gas Leasing

Grass Pellet Consultations
 Farm & Garden Report for local radio

Partners with Related Agencies

Staff serve and consult with the following

agencies/industry partners:

Agricultural Seeds
 Agricultural Local Development Corp.
 Agriculture & Farmland Protection Board
 Assessors
 Bold Gold Media Group
 Bose Livestock
 Callicoon Insurance Cooperative
 Catskill Hudson Bank
 Catskill Forest Association
 Catskill Mountain Keeper
 Catskill Regional Medical Center
 Cochection Mills
 Cornell Cooperative Extension Orange County
 Cornell University Placement
 Cornell University Small Farms Program
 Dairy Herd Improvement Cooperative
 Dairylea
 Dairy of Distinction Award Committee
 Dairy Promotion Committee
 Delaware Valley Farm and Garden
 DEC & Forest Practice Board
 Department of Public Works
 Economic Development & Planning
 Farm Credit Service
 Farm Family Insurance
 Farm Service Agency - USDA

Internal Revenue Service
 Labor Department
 Legislative Advisory Committees
 Local Emergency Planning Committee (LEPC)
 Narrowsburg Feed and Grain
 New York Forest Owners Association
 New York Center for Agricultural Medicine & Health
 NYS Dept of Agriculture & Markets
 NYS Christmas Tree Growers Association
 NYS Maple Producers Association
 NYS Office of Rural Affairs
 NYSERDA
 NOFA-NY
 Northeast Beginner Farmers Program
 Marcus Dairy
 Mike Price Insurance Co.
 Pennsylvania State University Extension, Wayne Co.
 Dave Peter's Farm, Hortonville
 Private Industry Council
 REAP Committee
 Social Security Administration
 Sullivan Co Soil & Water Conservation District
 Sullivan County Area Farmers' Market Assoc
 Sullivan County Beekeepers Assoc
 Sullivan County BOCES
 Sullivan County Chamber of Commerce
 Sullivan County Community College
 Sullivan County Farm Bureau
 Sullivan County Farmers Network

Sullivan County Visitors Association
 Sullivan County Water Quality Coordinating Committee
 Sullivan First
 Sullivan Partnership for Economic Development
 Sullivan Renaissance
 Town Planning Boards & County Planning Departments
 Upper Delaware Council
 Upper Delaware Scenic Byway
 USDA/National Agricultural Statistics Service
 USDA/Natural Resource Conservation Svc
 USDA/SARE
 USDA/Risk Management Service
 Watershed Agricultural Council
 Watershed Agricultural Program
 Watershed Forestry Program

Regular Publications (Circulation)
 Farm & Garden News/Extension Connection (900 per month)

2012
SULLIVAN COUNTY
BUDGET NARRATIVE
DEPARTMENT: Cornell Cooperative Extension of Sullivan County
CODE A85750.4000

BUDGET FORM NO. 2

Family & Consumer Science

The Family and Consumer Science Program reaches and wide and diverse audience including individuals, family members, professionals and paraprofessionals from other agencies through various issue areas. For this past year, approximately 9,000 face-to-face audience contacts and 6,000 incoming phone calls were received. Over 1,000 bulletins were distributed and eleven issues of our newsletter "Education for Living" were mailed to 400 enrolled families.

Financial Education Program

GOALS:

- Positive communication skills will be taught to foster better family money management.
- Energy Efficiency will be taught as a way to save money for families

OBJECTIVES:

- To provide money management tools to low-income and middle-income families that will empower them to successfully manage their finances.
- To introduce financial literacy skills to families and provide a framework for maximizing current resources and community resources for financial security later in life.
- To encourage home buying skills through continuing education by offering low-income individuals and families a chance to achieve financial goals.
- To offer programming that provides living skills development through basic budgeting, credit/debit management, savings through energy efficiency and savings on food dollars.
- To bridge senior needs with community agencies offering a framework that trains senior volunteers, offers volunteer services and brings awareness of programs for senior financial needs.
- To encourage more teachers and youth educators to offer financial literacy programs designed around the principals outlined in the New York Saves program.
- To make Sullivan County residents aware, and develop needed skills that will help protect assets for Financial Security.
- To explore new opportunities and resources so financial literacy education is more generally available to all segments of the population.
- To offer continuation services regarding Family Budget Education, providing a free and confidential service to area residents.
- To conduct services based on linking clients to community services, development of goals and development of budgets while repairing or developing financial literacy skills.
- To offer free tax preparation to Sullivan County Seniors and Low Income Residents.
- Provide energy efficiency information for the residential setting, as well as provide resources that may be able to assist with energy costs.

Consumer Education Program

2012

SULLIVAN COUNTY
BUDGET NARRATIVE

DEPARTMENT: Cornell Cooperative Extension of Sullivan County
CODE A85750.4000

BUDGET FORM NO. 2

GOALS:

- The overall goal of the Consumer Education Program of Cornell Cooperative Extension of Sullivan County is to prevent consumers from falling onto financial hardships from various types of fraud. Prevention through education and information dissemination is a key to consumers becoming aware of how to avoid different consumer fraud situations.

OBJECTIVES:

- To develop and foster relationships and refer consumers to local, state, regional and federal agencies.
- The Advisory Group will help the consumer educator with different projects to pull from different experiences of these different agencies and use that knowledge to set up an educational program for county residents and visitors so they can avoid consumer scams, frauds, or just bad situations.
- To promote the Consumer Help Line as a toll free number set-up for county residents and visitors with consumer issues. The help line is open every weekday from 8:30 am to 4:30 pm and offices educational services, and consumer tips on different subjects. Mailings of different literature and consumer tips are done for help line callers.
- The Consumer Call Log will track the calls coming into the program. Tracking these calls by Town and Topic area, each town has different needs covering different consumer topic areas. The Consumer Education Program is then able to assess each town's individual needs and then would be able to go and offer appropriate programs for that specific town. Consumer calls are not tracked by business names or individual names.
- To utilize the Consumer Library so walk-in visitors or callers to the help line can receive information concerning their specific consumer needs.
- The Consumer Website has been developed as a part of the CCE of Sullivan County website with important contacts, as well as various articles and updates for local consumers.
- To conduct public presentations focusing on partnering with state and regional agencies to offer needed information for the community in Sullivan County based on the Call Log information.
- Provide programming from the CEPREE program (Consumer Education Program for Residential Energy Efficiency).

2012
SULLIVAN COUNTY
BUDGET NARRATIVE
DEPARTMENT: Cornell Cooperative Extension of Sullivan County
CODE A85750.4000

BUDGET FORM NO. 2

Parent Education

GOALS:

- The goal of the Parent Education Program of Cornell Cooperative Extension of Sullivan County is to provide leadership for the Sullivan County Parent Services Network. The Network is a group of parents, educators, caring individuals, and agencies who understand that parenting is a learned skill. We are dedicated to helping all people in Sullivan County have access to the skills and resources needed for better parenting.

OBJECTIVES:

- To meet quarterly for information and resource sharing.
- To hold an Annual Sullivan County Parent Services Symposium with quality professional development and significant opportunity for networking, cross programming and collaboration.
- To encourage volunteer engagement in planning events such as a Veteran's Day of Awareness and/or resource sharing at the SCCC Kite Festival.

Sullivan County Not-for-Profit Network

GOALS:

- To provide leadership for the Not-for-Profit Leadership Summit Committee and plan an annual event which brings together organizational leadership from all SC Not-for-Profits for a day of information sharing, capacity building and networking

OBJECTIVES:

- Guide a committee of volunteer representatives from across the not-for-profit spectrum of the county to plan and execute the Sullivan County Not-for-Profit Leadership Summit.
- Ensure that the Summit contains timely information, quality resources, outstanding presenters with expertise in working with NFP's and that there is follow-up action for surveyed needs amongst NFPs.
- Host an annual NFP Coffee Hour networking event at Cornell Cooperative Extension.
- Plan and deliver an annual Board Fair in which organizations can recruit new board and committee members.

2012
SULLIVAN COUNTY
BUDGET NARRATIVE
DEPARTMENT: Cornell Cooperative Extension of Sullivan County
CODE A85750.4000

BUDGET FORM NO. 2

Eat Smart New York Program- is a nutrition education program offered through Cornell Cooperative Extension. It is also known as the SNAP-ed Program (Supplemental Nutrition Assistance Program, and also formerly known as FSNEP (Food Stamp Nutrition Education Program).

Program Objectives: To share information with ESNY clients so that they can make positive behavior changes in regards to healthier food choices on a limited budget and be able to incorporate physical activity into their busy daily life. The behavioral changes that they would make would be consistent with the current Dietary Guidelines for Americans and *the ChooseMyPlate Guidelines*.

- **Dietary Quality** – Applies to the nutritional quality of foods consumed, and how overall nutritional intake of our participants compares to recommended guidelines such as the Choose My Plate and the Dietary Guidelines for Americans (e.g. Maintain Calorie Balance over time to achieve and sustain a healthy weight and focus on consuming nutrient-dense foods and beverages. Lessons also include how to lower the fat in the recipe, while incorporating more fiber and fruits and vegetables into meals.
- **Food Safety** – Applies to how food is handled. Specifically, it deals with issues such as hand washing, length of time food is left in the danger zone, the temperature at which food is cooked, held and stored. There are discussions on recommended safe minimal internal temperatures for foods which have been recently updated by the USDA.
- **Shopping Behavior and Resource Management** – Lessons include thrifty shopping methods to include nutritious foods into their lifestyle. It relates to how and where food is acquired, how often food is purchased, and the types of food purchased. Skills such as making a shopping list, reading food labels to determine nutritional quality, and menu planning. Buying local and saving money is also promoted.
- **Food Security** – Being able to serve highly nutritious, quality meals while using available resources, learning other available resources to seek assistance from for emergency food systems, to maintain an adequate supply of food throughout the month.
- **Physical Activity-** There is a physical activity component in each lesson to demonstrate easy movements that can be incorporated into a busy lifestyle.

2012

SULLIVAN COUNTY
BUDGET NARRATIVE

BUDGET FORM NO. 2

DEPARTMENT: Cornell Cooperative Extension of Sullivan County
CODE A85750.4000

The Dietary Guidelines for Americans 2010 are the foundation for nutrition education in all nutrition assistance programs. Therefore, messages delivered through SNAP-Ed are to be consistent with federal Dietary Guidelines. There are key recommendations to discuss the following topics:

- Foods and Food components to Reduce
- Balancing Calories to Manage Weight
- Foods and Nutrients to Increase
- Building Healthy Eating Patterns

However on the basis of the guidelines, FNS encourages State agencies to particularly focus on the following core messages, as these messages are essential for advancing the FNS strategic nutrition education goal and objectives as well as current national issues

- **Increase intake of fruits, vegetables and whole grains**
- **Maintain Calorie Balance Over Time**
- **Be physically active every day and maintain a healthy weight**

Functions Performed

During the past year, ESNY has reached over 7,781 individuals, either directly or indirectly in Sullivan County.

Activities Include:

Teleconferences
Promoting the Farmers' Market Nutrition Education Program
Press releases for pertinent information -- i.e. Food Safety during Power Outages and Flooding
Submit articles for Extension Connection Newsletter

Participation in Health and Wellness Fairs sponsored by schools and health care facilities throughout Sullivan County
Creation of resource material to provide information that concern our target population
Food Safety education for food pantries
Seek and apply for additional sources of funding
Support all programs of USDA
Developed an ESNY Display Board which is presently hanging in the WIC Lobby

Educational Displays and Presentations:

Farmers' Markets
Grahamsville Fair
Office for the Aging Congregate Meal Sites
ARC Health Fair
Local Food Pantries
Federation for the Homeless Meal Services
WIC and Head Start locations
Workforce Development
CACHE

Conduct Nutrition Education classes at various sites

Monticello Family Welcome Center, VERITAS Facility,
Recovery Center, New Hope Manor, Adult Day Care, Hemlock Ridge Apartment Complex, ESNY classes held in the CCE learning Kitchen, DayTop Facility, Pregnancy Support Center, Liberty Elementary School

2012

SULLIVAN COUNTY
BUDGET NARRATIVE

DEPARTMENT: Cornell Cooperative Extension of Sullivan County
CODE A85750.4000

BUDGET FORM NO. 2

Collaborating Agencies, Associations and Coalitions:

Department of Family Services Food Stamp Program
Public Health Nursing
WIC Program
Drug and Alcohol Rehabilitation Centers
Local Churches and Libraries
ARC
CACHE
Parks & Recreation
Public and Senior Housing
Even Start and Head Start
Sullivan Co. Child Care Council
TLC – Teen Link to Community
United Way
Local Food Pantries
Catskill Regional Medical Center
AIDS Task Force
PRASAD Children's Dental Health Program
Family and Child Health Plus
Sullivan County Area Farmer Market Board
NYS Department of Health
Sullivan County BOCES

Staff Development and Training

Educational opportunities offered by several food companies and educational sites via the Internet
Trainings at Cornell University and a state-wide annual meeting in Albany
4 ESNY Regional Trainings held annually with Ulster, Dutchess, Orange, Westchester, Delaware and Rockland Counties, including a Serv Safe Food Sanitation Training
Review of all policy and procedures surrounding the USDA program i.e. EOP statements

Donations and support received from:

Shoprite Gift Cards for Classes
Farm Market Vendors
Restaurants for door prizes
Community Members
Local businesses – in the form of gift cert. for door prizes and consumable supplies

Other CCE Collaborations:

Master Gardeners
Financial Education Program
Caregiver Resource Center
4H Program
Agriculture Program

2012

SULLIVAN COUNTY

BUDGET NARRATIVE

DEPARTMENT Cornell Cooperative Extension of Sullivan County
CODE A8750 .4000

BUDGET FORM NO. 2

Caregivers Resource Center (CRC)

OBJECTIVES:

CRC continues to provide services for caregivers and reports to Sullivan County and NYS Office for the Aging:

- **Outreach (Information & Referrals)**— to reach rural caregivers and isolated seniors that have difficulty utilizing CRC program and trigger appropriate senior support services within the OFA (and other community supports). Sites include congregate meal sites, senior clubs, community events, health and wellness or employee benefit events, libraries, and schools.
- **Educational Programming**— empower caregivers to provide safe/quality care for their care receiver, as well as to be an educated health-care consumer, via workshops, trainings, lectures, webinars at CCE and other community locations, plus offering a resource lending library for informal caregivers,
- **Public Information** —on caregiving issues or changes in senior benefits/services through Caregiver Support Quarterly newsletter (free to all county caregivers), monthly articles in Extension Connection, monthly postcards to all caregivers, and information shared with general media and at public events.
- **Support (groups)**—assist caregivers in supportive monthly groups in Hortonville and Liberty with educational discussion and group advice. Additionally, tie caregivers into the support of specific Office of the Aging programs (such as EISEP, Homebound Meals, PERS, etc. for seniors) and respite services for caregivers.
- **TRIAD** - prevent elder abuse/violence and promote enhancement of senior quality of life issues as lead collaborator and host for quarterly TRIAD meetings

GOALS:

- Promote CRC as a source of information and assistance for family caregivers of any ill, disabled or frail adult that is specific to their unique needs
- Contribute caregiver concerns and issues related to home care on the Professional Advisory Committee.
- Bring back to area caregivers information and long-term care updates from the Sullivan NYConnects/Long Term Care Council.
- Share new Sullivan County Health Literacy Partnership program with area seniors, caregivers and community members.
 - Educational program to strengthen/improve communication between individual and health care professional
 - 1. Place program onto a DVD for MD offices and place onto area hospital's internal TV informational/educational channel.
 - 2. Also give DVD to libraries, clinics, and pharmacies
 - Expand program with other members (CRMC Health Information Library, RSVP/OFA, Literacy Volunteers of America, Sullivan County Public Health) to address health literacy issues.
- Strengthen and expand caregiver support groups
 - The third support group for eastern area of Sullivan County will resume in the Grahamsville Daniel Pierce Library. This will allow for direct access to resources in library (literature and internet) in more comfortable setting.
 - Ongoing themes experienced by caregivers that impacts their lives is isolation, the need for emotional support from others and finding better coping measures to feel less stressed.
- TRIAD: Build upon and expand collaboration of seniors, law enforcement and senior support agencies

2012

SULLIVAN COUNTY

BUDGET NARRATIVE

DEPARTMENT Cornell Cooperative Extension of Sullivan County
CODE A8750 .4000

BUDGET FORM NO. 2

- o CRC's ongoing development of annual senior safety day (2011 - Older Driver Safety)
- o Create a 'Yellow Dot' program for seniors, in conjunction with United Way and Office for the Aging. A safety program for seniors (Yellow Sticker on back window) alerting first responders to critical information about the driver (and family passengers) is located in glove box.
- o Educational forum (mid-winter) on elder abuse for professional development for TRIAD collaborators (2011: 'Golden Alert' training for law enforcement & senior agencies)

FUNCTIONS PERFORMED

During the reporting year to NYSOFA (4/1/10-3/31/11) there were fifty-seven group trainings/workshops conducted, with 1006 participants receiving training and 154 directly involved with caregiving at the time of training. Fifty-three caregivers received individual counseling, and over fifty calls were handled for information or referral related to caregiving issues. During the contract period, 155 caregiver households were in contact with the CRC. The Caregiver Support Quarterly was distributed to 2000 individual caregivers either as hard-copy or by electronic mail and 1200 postcards were sent to caregivers notifying them of upcoming educational or support group opportunities. Twelve issues combined of Education for Living/Extension Connection were printed reaching over 900 families monthly.

Partners with Related Agencies via TRIAD/Long Term Care Committee/and CRC activities

- Alzheimer's Association
- Bold Gold Media Group
- Cornell Cooperative Extension of Sull. Co.
- Catskill Regional Medical Center
- Dispute Resolution Center
- Fallsburg Police Department
- Friends & Advocates of Mental Health
- Hands On! The Hudson Valley Ombudsman
- Hospice of Orange & Sullivan County
- Independent Living, Inc.
- Literacy Volunteers of America
- Mobilemedic EMS
- Monticello Police Department
- New York State Police, Troop F
- NYS Coalition For The Aging & Statewide CG &
- Respite Coalition Of NY
- NYS Dept. of Environmental Conservation Police
- NYS EPIC
- RSVP of Sullivan County
- Safe Passage/CACHE
- Social Security Administration
- Sullivan County Chamber of Commerce
- Sullivan County Community College
- Sullivan County Adult Care Center
- Sullivan County Adult Protective Services
- Sullivan County Bankers Association
- Sullivan County Clergy
- Sullivan County Dept. of Community Services
- Sullivan County District Attorney's Office
- Sullivan County Division of Health & Family Services
- Sullivan County Office for the Aging
- Sullivan County NYConnects
- Sullivan County Probation Department
- Sullivan County Public Health Services
- Sullivan County Sheriff's Office
- Sullivan County Veterans Service Agency
- Sullivan County Visitors Association
- United Way of Sullivan County
- Village of Liberty Police Department
- Wellness Homecare, Ltd

2012

SULLIVAN COUNTY
BUDGET NARRATIVE

DEPARTMENT Cornell Cooperative Extension of Sullivan County
CODE A8750 .4000

BUDGET FORM NO. 2

4-H Youth Development
PROGRAM PURPOSE

4-H is an educational program to assist youth in their development by:

- Providing learn-by-doing educational experiences.
- Developing skills that benefit youth throughout life.
- Strengthening families and communities.
- Fostering leadership and volunteerism in youth and adults.
- Building partnerships for programming and funding.
- Using research-based knowledge from the land-grant university system.

GOALS

The four Hs (head, heart, hands, and health) represent four basic human needs: independence, belonging, generosity, and mastery. Research indicates that youth whose basic needs are met in positive ways are likely to grow into active citizens and contributing members of their families and communities. 4-H can help children meet these needs, by combining project activities with opportunities to go to camp, publicly show their work, travel, host international youth, and attend meetings and events at Cornell University. 4-H provides a framework on which young people can build self-confidence, responsibility, and generosity.

- To exercise **independence** through 4-H leadership and project opportunities, allowing youth to mature in self-discipline and responsibility and learn to understand them better.
- To exhibit and feel a sense of connection and **belonging** to others in a group. 4-H gives youth the opportunity to feel safe physically and emotionally while actively participating in a group.
- To explore 4-H community service and citizenship activities: to connect to communities and to learn to value **generosity** and give back to others.
- To demonstrate the capability of solving problems and meeting challenges to develop their self-confidence. By exploring 4-H projects and activities, youth develop a sense of **mastery**, gain life skills, and are more equipped to make positive career and life choices.

2012

SULLIVAN COUNTY
BUDGET NARRATIVE
DEPARTMENT Cornell Cooperative Extension of Sullivan County
CODE A8750,4000

BUDGET FORM NO. 2

2. FUNCTIONS PERFORMED
4-H YOUTH

In 2010, 4-H programs reached 1,200 youth. Program delivery is accomplished by volunteer led community 4-H Clubs, educational programs and special interest groups. The 4-H Youth Development program utilizes the expertise of 302 volunteers and subject matter materials prepared and or recommended by Cornell University and other land grant universities.

The program's objectives and the needs of Sullivan County youth are met by the delivery of numerous events and activities. Major activities are designed and implemented for Sullivan County youth and their families. The opportunities offered to youth during the 2009-2010 program year include, but are not limited to:

<u>State Certification Programs for Youth</u> Snowmobile Operation Tractor and Machinery Operation Maritime Safety	Teen members on the 4-H Program Committee Teen members on 4-H Program Advisory Committees 4-H Horse Royalty International Night 4-H Horsemanship & Team Building Weekend	Show-in-a Week Children's Theatre Eco-Friendly Crafting Craft Workshops
<u>National Certification Programs for Youth</u> American Red Cross Babysitter Safety Program	Educational Programs (selected examples) Public Speaking/Creative Communications Gardening & Horticulture Foods and Nutrition Dog Obedience Clothing Construction & Design Clothing Revue Veterinary Science & Animal Science Teen Job Interviews & Training Home Environment Photography & Scrap booking Financial Literacy Small Pets Environmental Science & Awareness Technology & Computer Science Rocketry Small Engines	<u>District, State & National 4-H Activities</u> Focus for Teens & University U-three days at Cornell focused on non-traditional career exploration District and State Public Presentations Fair - State and County Youth Fair 4-H Teen Weekends & Activities Horse Bowl, Hippology, Horse Communications Dairy Bowl Rabbit Decathlon NYS Horticulture Contest 4-H Capital Days, Albany & ABC: Agri-Business Career Trip For Youth Development Professionals Advancing Youth Development Training <u>Fundraising</u> Livestock Auction Pie Auction E-Scrap Recycling Days Fair Food Sales Local Product Sales
<u>Opportunities for Leadership Growth</u> 4-H Teen Group Junior Leader in 4-H Clubs, activities & events Teen Leader at County Youth Fair Teen Leader at State Fair Club officership 4-H Teen Ambassador Training in Syracuse		

2012

SULLIVAN COUNTY
BUDGET NARRATIVE

DEPARTMENT Cornell Cooperative Extension of Sullivan County
CODE A8750 .4000

BUDGET FORM NO. 2

School Programs & Teacher Training (selected examples)	Conservation	Sullivan Renaissance
Agriculture in the Classroom-grades K-6 study of how food is produced	Neversink Agricultural Society	Sullivan County Literacy Zone
Ag-siravaganza - grade 4	BOCES	Action Towards Independence
Recycling - grades K-6	Sullivan County School Districts & private schools	EPIC
Incubation & Embryology - Nursery, K-12	Sullivan County Board of School Superintendents	Harris Hospital
Composting -grades 1-6	Sullivan County Teachers' Center	Recovery Center
Water Quality - grades 5-12*	Sullivan County Soil & Water Conservation District	CACHE
Career Exploration	Farm Bureau	New Hope
Aquatic Science	Sullivan County Child Care Council	
Food & Nutrition	Sarah Wells Girl Scout Council, Inc.	
Flower gardening	Neversink Agricultural Society	
*Agriculture Education Programs funded through grants	Frost Valley YMCA	
<u>Summer Activities</u>	Sullivan County Community College	
Sullivan County Youth Fair - 884 exhibits in 2008	American Red Cross	
New York State Fair -203 exhibits in 2008	Sullivan County C.A.R.E.S. Coalition	
National Kids' Day Celebration	R.S.V.P. Program	
Fair Repair Days & Work Nights	Public Health Nursing	
Gardening Workshops	Maternal-Infant Services Network/Teen Link to Community	
Teen Leader Trainings	CTIPP	
Teen Events & Activities	Sullivan First	
Animal Showmanship Clinics	RISE	
4-H Camp Shankitunk	Tri-Valley FFA	
	Youth Resource Development Corporation	
	NRCS	
<u>Networking with Related Agencies</u>	Sullivan Correctional Facility	
Sullivan County Youth Board	Recovery Center	
Sullivan County Youth Bureau	Integrated County Planning (ICP)	
New York State Division for Youth and Family Services	Youth Engagement of Sullivan (YES)	
United Way of Sullivan County	Sullivan County Parenting Network	
Town Parks & Recreation Commissions	Liberty Economic Action Plan	
Department of Environmental	Dispute Resolution Center	